

November

Lunch

Muroc JUSD Elementary Lunch 2017

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Mixed Fruit Cup Multi Grain Sun Chips ^ Choice of Milk Salad Bar Selections Pickle Chips	TACO MEAT Soft Tortilla ^ Fresh Apple Slices Choice of Milk Salad Bar Selections Black Beans Corn	DELI SUB SANDWICH ^ Fresh Banana Choice of Milk Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
PEPPERONI PIZZA ^ Orange Juice Salad Bar Selections	CRISPY CHICKEN FILLET ^ Hamburger Bun ^ Applesauce Cup Sriracha Ketchup Salad Bar Selections	VEGETARIAN CHILI BOWL WITH BEANS Tostada Bowl^ Diced Peaches Salad Bar Selections	POPCORN CHICKEN ^ Fresh Banana Salad Bar Selections Black Beans Pickle Chips	NO SCHOOL
CHICKEN TENDERS WITH POTATO WEDGES Applesauce Cup Salad Bar Selections Pickle Chips	CUBAN PICADILLO ^ Tortilla Rounds ^ Mixed Fruit Cup Salad Bar Selections Black Beans Corn	CHEESE PIZZA ^ Diced Peaches Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	TURKEY W/STUFFING GRAVY MASHED POTATOES ^ Fresh Apple Slices Salad Bar Selections Green Pepper Slices	RANCH TURKEY BURGER Hamburger Bun ^ Fresh Orange* Salad Bar Selections
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING DAY	NO SCHOOL
CHICKEN NUGGETS WITH POTATO ROUNDS ^ Maple Baked Beans Orange Juice	CHEESE PIZZA ^ Diced Carrots Diced Peaches	CHICKEN TACO Tortilla Rounds ^ Mixed Vegetables Mixed Fruit Cup	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Fresh Apple Slices Salad Bar Selections Pickle Chips	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

SPECIAL DAYS
**HAPPY THANKSGIVING
VETERANS DAY**

Feature food days

NATIONAL SANDWICH DAY
 MEATLESS MONDAY
 HOLIDAY MEAL

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