

November

Lunch

Muroc JUSD Jr.-Sr. High School Lunch 2017

C3S - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		HOT DOG Hot Dog Bun ^ BBQ FAJITA CHICKEN Hamburger Bun ^ PEPPERONI PIZZA WEDGE ^ Fresh Orange* Mixed Fruit Cup Snickerdoodle Cookie ^ Salad Bar Selections Pickle Chips	TACO MEAT Soft Tortilla ^ PIZZA DIPPERS ^ Marinara Dipping Sauce SAUSAGE PIZZA WEDGE ^ Fresh Apple* Cheddar Sun Chips ^ Salad Bar Selections Black Beans Corn	DELI SUB SANDWICH ^ SPICY CHICKEN FILLET Hamburger Bun ^ PEPPERONI PIZZA WEDGE ^ Fresh Banana* Pineapple Tidbits Tortilla Rounds ^ Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
PEPPERONI PIZZA WEDGE ^ TURKEY SALAMI & CHEESE ON A WHOLE WHEAT BUN ^ Diced Peaches Orange Juice Salad Bar Selections	CRISPY CHICKEN FILLET Hamburger Bun ^ BAGEL DOG ^ CHEESE PIZZA WEDGE ^ Applesauce Cup Salad Bar Selections	VEGETARIAN CHILI W/ BEANS Tostada Bowl ^ CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE ^ HAMBURGER Hamburger Bun Fresh Banana Diced Peaches Vanilla Cookie ^ Salad Bar Selections	POPCORN CHICKEN MEATLOAF PANINI ^ SALISBURY STEAK W/ GRAVY Sliced Bread ^ Fresh Apple* Cheddar Sun Chips ^ Salad Bar Selections Black Beans Pickle Chips	NO SCHOOL
CHICKEN TENDERS TURKEY BOLOGNA SANDWICH ^ Applesauce Cup Pineapple Tidbits Multi Grain Sun Chips ^ Salad Bar Selections	CUBAN PICADILLO ^ Tortilla Rounds ^ HOT DOG Hot Dog Bun ^ PEPPERONI PIZZA WEDGE ^ Mixed Fruit Cup Raspberry Cookies ^ Salad Bar Selections Black Beans Corn	CHEESE PIZZA WEDGE SLOPPY JOE Hamburger Bun CHICKEN NUGGETS Marinara Dipping Sauce Diced Peaches Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Croutons ^	TURKEY W/ STUFFING & GRAVY ^ Mashed Potatoes PIZZA DIPPERS ^ Marinara Dipping Sauce GRILLED CHEESE PANINI ^ Fresh Apple* Chocolate Cookie Salad Bar Selections	RANCH TURKEY BURGER Hamburger Bun PANCAKES & SAUSAGE ^ Syrup SAUSAGE PIZZA WEDGE ^ Fresh Banana* Diced Pears Salad Bar Selections
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING DAY	NO SCHOOL
CHICKEN NUGGETS DELI SUB SANDWICH ^ Maple Baked Beans Diced Carrots Pineapple Tidbits Orange Juice Pretzel ^	CHEESE PIZZA WEDGE ^ SALISBURY STEAK W/ GRAVY Hamburger Bun ^ POPCORN CHICKEN Breadstick ^ Mixed Vegetables Potato Wedges Diced Peaches	CHICKEN TACO Tortilla Rounds ^ MACARONI & CHEESE ^ SAUSAGE PIZZA WEDGE ^ Mixed Vegetables SunSet Sip Juice Fresh Pear* Mixed Fruit Cup Raspberry Cookies ^	HOT DOG Hot Dog Bun ^ ROTINI BAKE ^ PEPPERONI PIZZA WEDGE ^ Fresh Apple* Snickerdoodle Cookie ^ Salad Bar Selections	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

SPECIAL DAYS
 HAPPY THANKSGIVING
 VETERANS DAY

Feature food days

NATIONAL SANDWICH DAY
 MEATLESS MONDAY
 HOLIDAY MEAL

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