

December



Muroc JUSD Elementary Lunch 2017

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 TERIYAKI GLAZED CHICKEN W/BROWN RICE ^ Breadstick ^ Fresh Banana Salad Bar Selections Green Pepper Slices
4 PIZZA DIPPERS Marinara Dipping Sauce Diced Pears Salad Bar Selections	5 POPCORN CHICKEN ^ Diced Peaches Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	6 BEAN & CHEESE BURRITO ^ Fresh Banana Salad Bar Selections Black Beans	7 CHICKEN TENDERS WITH POTATO WEDGES Mixed Fruit Cup Salad Bar Selections Pickle Chips	8 HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread ^ (2) Fresh Pear* Salad Bar Selections
11 CHICKEN NUGGETS WITH POTATO ROUNDS ^ Salad Bar Selections Pickle Chips	12 CHEESEBURGER Hamburger Bun ^ Diced Peaches Sriracha Ketchup Salad Bar Selections	13 PEPPERONI PIZZA Mixed Fruit Cup Salad Bar Selections Green Pepper Slices	14 CHICKEN ALFREDO PASTA ^ Fresh Apple Slices Chocolate Cookie ^ Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	15 CHICKEN, BEAN, & CHEESE QUESADILLA Fresh Orange* Salad Bar Selections Black Beans Corn
18 CRISPY CHICKEN TENDERS ^ Orange Juice Salad Bar Selections Pickle Chips	19 CHEESE PIZZA Diced Pears Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	20 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Pineapple Tidbits Salad Bar Selections Black Beans	21	22
25	26	27	28	29

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat



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