

### Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
<b>CHICKEN TENDERS WITH POTATO WEDGES ^</b> Diced Pears Refried Beans	<b>HOMESTYLE SALISBURY STEAK W/GRAVY</b> Sliced Bread ^ Mashed Potatoes Baby Carrots Mixed Fruit Cup	<b>PEPPERONI PIZZA ^</b> Romaine Salad Grape Juice	<b>3 CHEESE PANINI ^</b> Salad Bar Selections Apple Cherry Juice	<b>MONTEREY CHICKEN PATTY^</b> Hamburger Bun ^ Fresh Banana Salad Bar Selections Black Beans Corn
16	17	18	19	20
<b>PIZZA DIPPERS ^</b> Marinara Dipping Sauce Salad Bar Selections Garden Green Peas	<b>HOT DOG W/ POTATO ROUNDS</b> Hot Dog Bun ^ Diced Peaches Salad Bar Selections Black Beans	<b>CRISPY CHICKEN TENDERS ^</b> Soft Tortilla ^ (2) Salad Bar Selections Fresh Spinach Leaves Fresh Zucchini Coins	<b>RANCH TURKEY BURGER</b> Hamburger Bun ^ Fresh Orange* Salad Bar Selections Pickle Chips	<b>ROTINI BAKE WITH MEATSAUCE ^</b> Diced Pears Salad Bar Selections
23	24	25	26	27
<b>PANCAKES &amp; SAUSAGE ^</b> Diced Peaches Syrup Salad Bar Selections	<b>BBQ CHICKEN</b> Hamburger Bun ^ Orange Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	<b>CHEESE PIZZA ^</b> Fresh Banana Salad Bar Selections Green Pepper Slices	<b>CHICKEN NUGGETS WITH POTATO ROUNDS ^</b> Fresh Apple Slices Salad Bar Selections Pickle Chips	<b>TACO MEAT</b> Shredded Cheddar Cheese Tortilla Rounds ^ Banana Pepper Rings Pineapple Tidbits Salad Bar Selections Shredded Lettuce Black Beans Corn
30				
<b>POPCORN CHICKEN ^</b> Applesauce Cup Salad Bar Selections				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat