

Muroc JUSD K-12 Breakfast

BR – BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
2 *Choice of Cereal *Menus are "Nut Free"	3	4	5	6
9 GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Cherry Craisins Blended Fruit Juice	10 FRENCH TOAST STICKS ^ Orange Juice Diced Pears Syrup	11 STRING CHEESE Tropical Mini Loaf ^ Fresh Apple*	12 BREAKFAST BURRITO ^ Fresh Banana Diced Peaches	13 APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple*
16 TRIX ^ Strawberry Pancake Square ^ Cherry Craisins Blended Fruit Juice	17 EGG & CHEESE BAGEL ^ Mixed Fruit Cup Orange Juice	18 RASPBERRY YOGURT Granola ^ Fresh Apple*	19 STRAWBERRY PANCAKES ^ Fresh Banana Grape Juice	20 CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple*
23 COCOA PUFFS ^ Graham Crackers ^ Cherry Craisins Apple Cherry Juice	24 WAFFLES ^ Diced Pears Blended Fruit Juice Syrup	25 CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple*	26 CHICKEN BISCUIT ^ Fresh Banana Orange Juice	27 String Cheese Peach Mini Loaf ^ Fresh Apple*
30 TRIX ^ Animal Grahams ^ Cherry Craisins Grape Juice				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat