

February 2018

Lunch



Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CRISPY CHICKEN TENDERS ^ & WAFFLES ^ Diced Peaches Syrup Salad Bar Selections Green Pepper Slices	2 SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Fresh Orange* Salad Bar Selections
5 POPCORN CHICKEN Orange Juice Salad Bar Selections Pickle Chips	6 RANCH TURKEY BURGER Hamburger Bun ^ Mixed Fruit Cup Chipotle Ranch Salad Bar Selections Black Beans	7 PEPPERONI PIZZA ^ Fresh Banana Salad Bar Selections	8 ROTINI BAKE WITH MEATSAUCE ^ Breadstick ^ Fresh Apple Slices Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	9 CHEESEBURGER FLATBREAD Diced Peas Salad Bar Selections
12 CRISPY CHICKEN TENDERS ^ Applesauce Cup Salad Bar Selections Green Pepper Slices	13 PANCAKES & SAUSAGE Diced Peaches Syrup Salad Bar Selections Pickle Chips	14 3 CHEESE PANINI ^ Fresh Pear* Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	15 TACO MEAT Tostada Bowl^ Fresh Banana Salad Bar Selections Black Beans Corn	16
19	20 CHICKEN NUGGETS WITH POTATO ROUNDS ^ Diced Peas Salad Bar Selections Pickle Chips	21 CHARBROILED HAMBURGER Hamburger Bun ^ Mixed Fruit Cup Sriracha Ketchup Salad Bar Selections	22 VEGETARIAN CHILI WITH BEANS Corn Muffin Fresh Apple Slices Salad Bar Selections Black Beans	23 PIZZA DIPPERS Marinara Dipping Sauce Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins
26 COUNTRY CHICKEN COMBO ^ Applesauce Cup Cherry Mini Loaf ^ Salad Bar Selections	27 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Diced Peaches Salad Bar Selections Black Beans	28 PEPPERONI PIZZA ^ Salad Bar Selections Pickle Chips		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

Healthy!

www.PreferredMealsMenu.com



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nrcs.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.