

January 2018



Lunch



Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
COUNTRY CHICKEN COMBO ^ Applesauce Cup	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Diced Peaches	CHEESE PIZZA ^ Mixed Fruit Cup	CHILI Corn Muffin ^ Fresh Apple Slices Salad Bar Selections	RANCH TURKEY BURGER Hamburger Bun ^ Fresh Banana Salad Bar Selections Shredded Lettuce Pickle Chips
15	16	17	18	19
	BAKED CHICKEN NUGGETS ^ Chipotle Ranch Sriracha Ketchup Salad Bar Selections Green Pepper Slices	CHEESEBURGER Hamburger Bun ^ Fresh Orange* Salad Bar Selections Pickle Chips	BEEF & CHEESE SOFT TACO ^ Diced Peaches Salad Bar Selections	CHEESY CHICKEN VEG BOOYAH (STEW) Corn Muffin ^ Mixed Fruit Cup Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
22	23	24	25	26
PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Pears Salad Bar Selections Pickle Chips	CHICKEN DRUMSTICK W POTATO ROUNDS Corn Muffin ^ Salad Bar Selections	TACO MEAT Soft Tortilla ^ (2) Fresh Orange* Salad Bar Selections Black Beans	POPCORN CHICKEN ^ Fresh Apple Slices Salad Bar Selections	SALISBURY STEAK W/GRAVY & MASHED POTATOES Mixed Fruit Cup Sliced Bread ^ Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins
29	30	31		
CHICKEN NUGGETS WITH POTATO ROUNDS ^ Applesauce Cup Salad Bar Selections Black Beans Corn	TOASTED CHEESE SANDWICH ^ Mixed Fruit Cup Salad Bar Selections Pickle Chips	SAUSAGE PIZZA ^ Fresh Pear* Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

Yum!

www.PreferredMealsMenu.com



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