



# JULY

## Lunch

### Muroc JUSD/Boron JSBS Summer Lunch

LNHS - Lunch

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday           |
|---|--|---|--|------------------|
| <p><b>2</b></p> <p><b>MINI CORN DOGS &amp; CHICKEN FUN MIX</b><br/>           Diced Carrots<br/>           Green Beans<br/>           BBQ Sauce<br/>           Ketchup<br/>           Orange Sorbet 100% Juice<br/>           Diced Pears<br/>           Corn Muffin ^<br/>           Milk</p>  | <p><b>3</b></p> <p><b>CHARBROILED HAMBURGER</b><br/>           Hamburger Bun ^<br/>           Corn<br/>           SunSet Sip Juice<br/>           Pineapple Tidbits<br/>           Blended Fruit Juice<br/>           Mustard<br/>           Ketchup<br/>           Milk</p>           | <p><b>4</b></p>   | <p><b>5</b></p> <p><b>CRISPY CHICKEN PATTY ^</b><br/>           Hamburger Bun ^<br/>           Golden Potato Rounds<br/>           Baby Carrots<br/>           Light Ranch Dressing<br/>           Fresh Apple*<br/>           Ketchup (2)<br/>           BBQ Sauce<br/>           Milk</p>  | <p><b>6</b></p>  |
| <p><b>9</b></p> <p><b>PEPPERONI PIZZA</b><br/>           Broccoli<br/>           Apple Cherry Juice<br/>           Diced Peaches<br/>           Snickerdoodle Cookie ^<br/>           Milk</p>  | <p><b>10</b></p> <p><b>TURKEY HAM &amp; CHEESE PANINI</b><br/>           Tropical Veggie Juice<br/>           Baby Carrots<br/>           Light Ranch Dressing<br/>           Pineapple Tidbits<br/>           Apple Juice<br/>           Mustard<br/>           Milk</p>              | <p><b>11</b></p> <p><b>CHEESEBURGER</b><br/>           Hamburger Bun ^<br/>           Maple Baked Beans<br/>           Mixed Vegetables<br/>           Fresh Banana*<br/>           Grape Juice<br/>           Ketchup<br/>           Mustard<br/>           Choice of Milk</p> | <p><b>12</b></p> <p><b>PANCAKES &amp; SAUSAGE</b><br/>           SunSet Sip Juice<br/>           Potato Rounds<br/>           Fresh Orange*<br/>           Mixed Fruit Cup<br/>           Syrup<br/>           Ketchup<br/>           Choice of Milk</p>                                     | <p><b>13</b></p> |
| <p><b>16</b></p> <p><b>MINI CORN DOGS &amp; CHICKEN FUN MIX</b><br/>           Diced Carrots<br/>           Green Beans<br/>           BBQ Sauce<br/>           Ketchup<br/>           Orange Sorbet 100% Juice<br/>           Diced Pears<br/>           Corn Muffin ^<br/>           Milk</p> | <p><b>17</b></p> <p><b>CHARBROILED HAMBURGER</b><br/>           Hamburger Bun ^<br/>           Refried Beans<br/>           SunSet Sip Juice<br/>           Pineapple Tidbits<br/>           Blended Fruit Juice<br/>           Mustard<br/>           Ketchup<br/>           Milk</p> | <p><b>18</b></p> <p><b>PIZZA DIPPERS</b><br/>           Marinara Dipping Sauce<br/>           Broccoli Florets<br/>           Light Ranch Dressing<br/>           Diced Peaches<br/>           Fresh Orange*<br/>           Milk</p>  | <p><b>19</b></p> <p><b>CRISPY CHICKEN PATTY ^</b><br/>           Hamburger Bun ^<br/>           Golden Potato Rounds<br/>           Baby Carrots<br/>           Light Ranch Dressing<br/>           Fresh Apple*<br/>           Ketchup (2)<br/>           BBQ Sauce<br/>           Milk</p> | <p><b>20</b></p> |
| <p><b>23</b></p> <p><b>PEPPERONI PIZZA</b><br/>           Broccoli<br/>           Apple Cherry Juice<br/>           Diced Peaches<br/>           Snickerdoodle Cookie ^<br/>           Milk</p>   | <p><b>24</b></p> <p><b>TURKEY HAM &amp; CHEESE PANINI</b><br/>           Tropical Veggie Juice<br/>           Baby Carrots<br/>           Pineapple Tidbits<br/>           Apple Juice<br/>           Mustard<br/>           Milk<br/>           Light Ranch Dressing</p>              | <p><b>25</b></p> <p><b>CHEESEBURGER</b><br/>           Hamburger Bun ^<br/>           Maple Baked Beans<br/>           Potato Rounds<br/>           Fresh Banana*<br/>           Grape Juice<br/>           Ketchup<br/>           Mustard<br/>           Choice of Milk</p>    | <p><b>26</b></p> <p><b>POPCORN CHICKEN ^</b><br/>           Mixed Vegetables<br/>           SunSet Sip Juice<br/>           Fresh Apple*<br/>           BBQ Sauce<br/>           Vanilla Cookie ^<br/>           Milk</p>  | <p><b>27</b></p> |
| <p><b>30</b></p>  | <p><b>31</b></p>   |   |  |                  |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

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