



March 2018



Breakfast



Muroc JUSD K-12 Breakfast

BR - BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
	*Choice of Cereal *Menus are "Nut Free"		<b>BEEF SAUSAGE SLIDER</b> ^ Fresh Orange* Blended Fruit Juice	<b>FROSTED CORN FLAKES</b> ^ Graham Crackers ^ Fresh Apple*
<b>FRUITY CHEERIOS</b> ^ Animal Grahams ^ Cherry Craisins Grape Juice	<b>TURKEY HAM &amp; CHEESE ON ENGLISH MUFFIN</b> ^ Pineapple Tidbits Orange Juice	<b>CINNAMON TOAST CRUNCH</b> ^ Graham Crackers ^ Fresh Apple*	<b>PANCAKES</b> ^ Fresh Banana* Apple Cherry Juice Syrup	<b>Strawberry/Banana Yogurt</b> Granola ^ Fresh Apple*
<b>GOLDEN GRAHAM CEREAL</b> ^ French Toast Breakfast Square ^ Cherry Craisins Orange Juice	<b>FRENCH TOAST STICKS</b> ^ Syrup Grape Juice Diced Pears	<b>String Cheese Tropical Mini Loaf</b> ^ Fresh Apple*	<b>BREAKFAST BURRITO</b> ^ Fresh Banana Mixed Fruit Cup	<b>APPLE CINNAMON CHEERIOS</b> ^ Maple Breakfast Square ^ Fresh Apple*
<b>TRIX</b> ^ Strawberry Pancake Square ^ Cherry Craisins Blended Fruit Juice	<b>EGG &amp; CHEESE BAGEL</b> ^ Diced Peaches Orange Juice	<b>RASPBERRY YOGURT</b> Granola Fresh Apple*	<b>STRAWBERRY PANCAKES</b> ^ Fresh Orange* Grape Juice	<b>CORN CHEX</b> ^ Vanilla Waffle Square ^ Fresh Apple*
<b>COCOA PUFFS</b> ^ Graham Crackers ^ Cherry Craisins Apple Cherry Juice	<b>WAFFLES</b> ^ Diced Pears Blended Fruit Juice Syrup	<b>CINNAMON CHEX</b> ^ Maple Breakfast Square ^ Fresh Apple*	<b>CHICKEN BISCUIT</b> ^ Fresh Banana Orange Juice	<b>String Cheese Peach Mini Loaf</b> ^ Fresh Apple*

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat



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