

# MAY

# Lunch



## Muroc JUSD Jr.-Sr. High School Lunch

C3S - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> CHEESE PIZZA WEDGE ^ ROTINI BAKE ^ Breadstick (IW)^ TURKEY BURGER Hamburger Bun Mixed Fruit Cup Orange Juice Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	<b>2</b> CHICKEN TACO Tortilla Rounds ^ VEGETARIAN CHILI W/ BEANS SAUSAGE PIZZA WEDGE ^ Fresh Banana* Corn Muffin ^ Salad Bar Selections Black Beans	<b>3</b> BAGEL DOG ^ PEPPERONI PIZZA WEDGE ^ BEAN & CHEESE BURRITO Fresh Apple* Multi Grain Sun Chips ^ Salad Bar Selections	<b>4</b> HAMBURGER SPICY CHICKEN FILLET Hamburger Bun ^ MACARONI & CHEESE Sliced Bread ^ Fresh Orange* Salad Bar Selections
<b>7</b> CHICKEN TENDERS Marinara Dipping Sauce CHEESE PIZZA WEDGE ^ Orange Sorbet 100% Juice Diced Peaches Chocolate Cookie ^ Salad Bar Selections	<b>8</b> SALISBURY STEAK W/ GRAVY RANCH TURKEY BURGER Hamburger Bun ^ DELI SUB SANDWICH ^ Applesauce Cup Salad Bar Selections	<b>9</b> CRISPY CHICKEN FILLET Hamburger Bun TURKEY BOLOGNA SANDWICH ^ SAUSAGE PIZZA WEDGE ^ Pineapple Tidbits Salad Bar Selections Green Pepper Slices	<b>10</b> GRILLED CHEESE PANINI ^ HOT DOG Hot Dog Bun ^ CHICKEN NUGGETS Fresh Apple* Multi Grain Sun Chips ^ Salad Bar Selections Black Beans Corn	<b>11</b> PEPPERONI PIZZA WEDGE ^ CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE ^ Breadstick (IW)^ CHEESY PARM WRAP ^ Fresh Banana* Diced Pears Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
<b>14</b> PIZZA DIPPERS ^ Marinara Dipping Sauce POPCORN CHICKEN Mixed Fruit Cup Snickerdoodle Cookie ^ Salad Bar Selections Garden Green Peas	<b>15</b> HOT DOG Hot Dog Bun ^ MEATLOAF PANINI ^ CHEESE PIZZA WEDGE Diced Peaches Orange Juice Multi Grain Sun Chips ^ Salad Bar Selections Black Beans	<b>16</b> CHICKEN TENDERS Soft Tortilla ^ DELI SUB SANDWICH ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Sliced Bread ^ Fresh Banana Salad Bar Selections Fresh Spinach Leaves	<b>17</b> RANCH TURKEY BURGER SPICY CHICKEN FILLET Hamburger Bun ^ SAUSAGE PIZZA WEDGE ^ Fresh Apple* Salad Bar Selections Pickle Chips	<b>18</b> ROTINI BAKE ^ Breadstick (IW)^ PEPPERONI PIZZA WEDGE ^ TOASTED CHEESE SANDWICH ^ Fresh Orange* Diced Pears Salad Bar Selections
<b>21</b> CHICKEN NUGGETS PEPPERONI PIZZA WEDGE ^ Diced Pears Orange Juice Cherry Cookie ^ Salad Bar Selections	<b>22</b> VEGETARIAN CHILI W/ BEANS Corn Muffin ^ MINI CORN DOGS CRISPY CHICKEN FILLET Hamburger Bun ^ Diced Peaches Salad Bar Selections	<b>23</b> CHEESE PIZZA WEDGE TURKEY HAM & CHEESE SANDWICH ^ HAMBURGER Hamburger Bun ^ Fresh Banana* Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	<b>24</b> BBQ CHICKEN SALISBURY STEAK W/ GRAVY Hamburger Bun SAUSAGE PIZZA WEDGE ^ Fresh Apple* Salad Bar Selections	<b>25</b> TACO MEAT Tortilla Rounds ^ CHICKEN TENDERS Marinara Dipping Sauce CHEESY PARM WRAP ^ Pineapple Tidbits Snickerdoodle Cookie ^ Salad Bar Selections Black Beans Corn
<b>28</b>	<b>29</b> PEPPERONI PIZZA WEDGE ^ ROTINI BAKE ^ Breadstick (IW)^ Applesauce Cup Salad Bar Selections	<b>30</b> POPCORN CHICKEN BEAN & CHEESE BURRITO ^ DELI SUB SANDWICH ^ Mixed Fruit Cup Fresh Banana* Vanilla Cookie ^ Salad Bar Selections	<b>31</b> BAGEL DOG ^ HAMBURGER SPICY CHICKEN FILLET Hamburger Bun Fresh Apple* Salad Bar Selections Pickle Chips	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat



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