

SEPTEMBER

Breakfast

Muroc JUSD K-12 Breakfast

BR - BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY ³	TRIX ^ ⁴ Animal Grahams ^ Cherry Craisins Grape Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ ⁵ Graham Crackers ^ Fresh Apple* Choice of Milk	PANCAKES ^ ⁶ Fresh Orange* Apple Cherry Juice Syrup Choice of Milk	STRAWBERRY BANANA YOGURT ⁷ Granola ^ Fresh Apple* Choice of Milk
GOLDEN GRAHAM CEREAL ^ ¹⁰ French Toast Breakfast Square ^ Cherry Craisins Blended Fruit Juice Choice of Milk	FRENCH TOAST STICKS ^ ¹¹ Orange Juice Diced Pears Syrup Choice of Milk	String Cheese ¹² Tropical Mini Loaf ^ Fresh Apple* Choice of Milk	BREAKFAST BURRITO ^ ¹³ Fresh Banana* Diced Peaches Choice of Milk	APPLE CINNAMON CHEERIOS ^ ¹⁴ Maple Breakfast Square ^ Fresh Apple* Choice of Milk
TRIX ^ ¹⁷ Strawberry Pancake Square ^ Cherry Craisins Orange Juice Choice of Milk	EGG & CHEESE BAGEL ^ ¹⁸ Mixed Fruit Cup Blended Fruit Juice Choice of Milk	RASPBERRY YOGURT ¹⁹ Granola ^ Fresh Apple* Choice of Milk	STRAWBERRY PANCAKES ^ ²⁰ Fresh Banana* Grape Juice Choice of Milk	CORN CHEX ^ ²¹ Vanilla Waffle Square ^ Fresh Apple* Choice of Milk
COCOA PUFFS ^ ²⁴ Graham Crackers ^ Cherry Craisins Apple Cherry Juice Choice of Milk	WAFFLES ^ ²⁵ Diced Pears Orange Juice Syrup Choice of Milk	CINNAMON CHEX ^ ²⁶ Maple Breakfast Square ^ Fresh Apple* Choice of Milk	CHICKEN BISCUIT ^ ²⁷ Fresh Banana* Blended Fruit Juice Choice of Milk	String Cheese ²⁸ Peach Mini Loaf ^ Fresh Apple* Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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*Choice of Cereal

*Menus are "Nut Free"