



Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>CHICKEN NUGGETS WITH POTATO ROUNDS ^ Diced Pears Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes</p>	<p>2</p> <p>PEPPERONI FLATBREAD ^ Diced Peaches Raspberry Cookies ^ Salad Bar Selections Green Pepper Slices</p>	<p>3</p> <p>TACO MEAT Shredded Cheddar Cheese Tortilla Rounds ^ Salad Bar Selections Black Beans Corn</p>	<p>4</p> <p>HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Fresh Apple Slices Salad Bar Selections</p>	<p>5</p> <p>CHEESEBURGER Hamburger Bun ^ Fresh Banana* Sriracha Ketchup Salad Bar Selections Pickle Chips Banana Pepper Rings</p>
<p>8</p>	<p>9</p> <p>SALISBURY STEAK W/GRAVY & MASHED POTATOES Sliced Bread ^ Diced Peaches Salad Bar Selections Pickle Chips</p>	<p>10</p> <p>BREADED CHICKEN STRIPS ^ Soft Tortilla (2) Fresh Banana* Salad Bar Selections Garden Green Peas Fresh Zucchini Coins</p>	<p>11</p> <p>CHILI Corn Muffin ^ Orange Juice Salad Bar Selections Black Beans</p>	<p>12</p> <p>CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Fresh Pear* Salad Bar Selections</p>
<p>15</p> <p>CORN DOG ON A STICK Pineapple Tidbits Salad Bar Selections Pickle Chips</p>	<p>16</p> <p>FRENCH TOAST STICKS W/SAUSAGE ^ Diced Peaches Syrup Salad Bar Selections Green Pepper Slices</p>	<p>17</p> <p>CHEESY FLATBREAD ^ Salad Bar Selections</p>	<p>18</p> <p>POPCORN CHICKEN Honey Mustard Cup Fresh Apple Slices Pumpkin Chocolate Chip Mini Loaf ^ Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes</p>	<p>19</p> <p>BBQ CHICKEN Hamburger Bun ^ Fresh Orange* Salad Bar Selections Black Beans Corn</p>
<p>22</p> <p>PIZZA DIPPERS Marinara Dipping Sauce Mixed Fruit Cup Salad Bar Selections Pickle Chips</p>	<p>23</p> <p>CHICKEN QUESO BURRITO ^ Pineapple Tidbits Salad Bar Selections Black Beans</p>	<p>24</p> <p>RANCH TURKEY BURGER Hamburger Bun ^ Salad Bar Selections</p>	<p>25</p> <p>CHICKEN NUGGETS ^ Fresh Pear* Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins</p>	<p>26</p> <p>ROTINI BAKE WITH MEATSAUCE ^ Fresh Banana* Salad Bar Selections</p>
<p>29</p> <p>CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Applesauce Cup Salad Bar Selections Pickle Chips</p>	<p>30</p> <p>BAGEL DOG ^ Salad Bar Selections Black Beans Corn</p>	<p>31</p> <p>FRENCH BREAD CHEESE PIZZA^ Diced Peaches Salad Bar Selections Green Pepper Slices</p>		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat



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