



# DECEMBER

preferredmeals  
an elior company

**Lunch**

## Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>PIZZA DIPPERS ^</b> Marinara Dipping Sauce Diced Pears Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	<b>CHICKEN TENDERS WITH POTATO WEDGES ^</b> Fruit Punch Juice Salad Bar Selections Black Beans	<b>BEAN &amp; CHEESE BURRITO ^</b> Fresh Banana* Salad Bar Selections Pickle Chips	<b>POPCORN CHICKEN ^</b> Mixed Fruit Cup Salad Bar Selections	<b>HOMESTYLE SALISBURY STEAK W/GRAVY</b> Sliced Bread ^ (2) Fresh Orange* Salad Bar Selections
<b>CHILI</b> Grape Juice Corn Muffin ^ Salad Bar Selections Green Pepper Slices	<b>CHEESE PIZZA ^</b> Diced Peaches Salad Bar Selections Pickle Chips	<b>CHARBROILED HAMBURGER</b> Hamburger Bun ^ Mixed Fruit Cup Salad Bar Selections	<b>CHICKEN ALFREDO PASTA ^</b> Fresh Apple Slices Chocolate Cookie ^ Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	<b>BAGEL DOG ^</b> Fresh Banana* Salad Bar Selections Black Beans Corn
<b>PENNE PASTA W/MEAT SAUCE ^</b> Orange-Tangerine Juice Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	<b>CHICKEN TACO</b> Soft Tortilla ^ (2) Applesauce Cup Salad Bar Selections	<b>PEPPERONI PIZZA ^</b> Fresh Pear* Salad Bar Selections Pickle Chips		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat



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