

JANUARY



Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 PANCAKES & SAUSAGE ^ Potato Rounds SunSet Sip Juice Diced Pears Syrup	8 CHEESE PIZZA ^ Applesauce Cup	9 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Orange-Tangerine Juice	10 CHICKEN NUGGETS ^ Marinara Dipping Sauce Mixed Fruit Cup Chocolate Cookie ^ Salad Bar Selections	11 SALISBURY STEAK W/GRAVY & MASHED POTATOES Sliced Bread ^ Grape Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
14 PEPPERONI PIZZA ^ Apple Juice Salad Bar Selections Pickle Chips	15 BEAN & CHEESE BURRITO ^ Mixed Fruit Cup Salad Bar Selections	16 CHICKEN DRUMSTICK W POTATO ROUNDS Fruit Punch Juice Corn Muffin ^ Salad Bar Selections Black Beans	17 MAC & CHEESE ^ Fresh Apple Slices Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	18 SLOPPY JOE Hamburger Bun ^ Fresh Orange* Salad Bar Selections
21	22 CHICKEN TENDERS WITH POTATO WEDGES ^ Applesauce Cup Salad Bar Selections Pickle Chips	23 CHARBROILED HAMBURGER Hamburger Bun ^ Fresh Pear* Salad Bar Selections Green Pepper Slices	24 PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Peaches Salad Bar Selections	25 CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Fresh Banana Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes
28 CORN DOG ON A STICK^ Grape Juice Salad Bar Selections Pickle Chips	29 3 CHEESE PANINI ^ Tomato Soup^ Mixed Fruit Cup Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	30 BBQ CHICKEN Hamburger Bun ^ Fresh Orange* Salad Bar Selections Black Beans	31 CHILI Corn Muffin ^ Fresh Apple Slices Salad Bar Selections	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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