

# FEBRUARY

**Breakfast**



## Muroc JUSD K-12 Breakfast

BR - BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
	*Choice of Cereal *Menus are "Nut Free"			1 <b>FROSTED CORN FLAKES</b> ^ WG Graham Crackers ^ Fresh Apple*
4 <b>MULTI GRAIN CHEERIOS</b> ^ Maple Breakfast Square ^ Craisins Orange-Tangerine Juice	5 <b>TURKEY HAM &amp; CHEESE ON ENGLISH MUFFIN</b> ^ Diced Peaches Grape Juice	6 <b>COCOA PUFFS</b> ^ Animal Grahams ^ Fresh Apple*	7 <b>STRAWBERRY PANCAKES</b> ^ Fresh Orange* Fruit Punch Juice	8 <b>PLAIN BAGEL</b> ^ Fresh Apple*
11 <b>RASPBERRY YOGURT</b> Granola ^ Craisins Fruit Punch Juice	12 <b>FRENCH TOAST STICKS</b> ^ Diced Pears Apple Juice Syrup	13 <b>String Cheese</b> Lemon Mini Loaf ^ Fresh Apple*	14 <b>BEEF SAUSAGE SLIDER</b> ^ Fresh Banana Grape Juice	15
18	19 <b>GOLDEN GRAHAM CEREAL</b> ^ Vanilla Waffle Square ^ Craisins Orange-Tangerine Juice	20 Pumpkin Loaf ^ <b>String Cheese</b> Fresh Apple*	21 <b>CHICKEN BISCUIT</b> ^ Craisins Fresh Orange*	22 <b>VANILLA YOGURT</b> Blueberry Muffin ^ Fresh Apple*
25 <b>String Cheese</b> Corn Muffin ^ Diced Pears Craisins	26 <b>WAFFLES</b> ^ Pineapple Tidbits Orange-Tangerine Juice Syrup	27 <b>FRUITY CHEERIOS</b> ^ Animal Grahams ^ Fresh Apple*	28 <b>EGG &amp; CHEESE BAGEL</b> ^ Fresh Banana Grape Juice	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

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