

Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 RANCH TURKEY BURGER Hamburger Bun ^ Fruit Punch Juice Salad Bar Selections
"NATIONAL BREAKFAST WEEK" PANCAKES & SAUSAGE ^ Syrup Applesauce Cup Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	POPCORN CHICKEN ^ Mixed Fruit Cup Salad Bar Selections Pickle Chips	PIZZA DIPPERS ^ Marinara Dipping Sauce Apple Juice Salad Bar Selections	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Fresh Banana Salad Bar Selections Black Beans Corn	CHEESE PIZZA ^ Orange-Tangerine Juice Salad Bar Selections Green Pepper Slices
CHICKEN TENDERS WITH POTATO WEDGES A Orange Sorbet 100% Juice Salad Bar Selections Pickle Chips	CHEESEBURGER Hamburger Bun ^ Diced Pears Salad Bar Selections	"SPECIAL MEAL" CHICKEN WINGS Corn Muffin ^ Diced Peaches Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	BBQ CHICKEN Hamburger Bun ^ Fresh Apple Slices Salad Bar Selections Black Beans	15 BEAN & CHEESE BURRITO ^ Fresh Banana Salad Bar Selections
PENNE PASTA W/MEAT SAUCE ^ Applesauce Cup Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	CORN DOG ON A STICK^ Grape Juice Salad Bar Selections Black Beans Corn	DELI SUB SANDWICH ^ Diced Pears Salad Bar Selections Pickle Chips	CHICKEN TACO Tortilla Rounds ^ Fresh Banana Salad Bar Selections Green Pepper Slices	VEGETARIAN CHILI WITH BEANS Corn Muffin ^ Fresh Orange* Salad Bar Selections
25 MEATLOAF PANINI ^ Mixed Fruit Cup Salad Bar Selections	CHICKEN RANCH FLATBREAD A Orange-Tangerine Juice Salad Bar Selections Pickle Chips TH APPROPRIATE CONDIMENT	TURKEY BURGER WITH POTATO WEDGES Hamburger Bun ^ Diced Peaches Salad Bar Selections Black Beans	CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Fresh Apple Slices Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	FRENCH BREAD CHEESE PIZZA^ Fresh Pear* Salad Bar Selections

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE *

^ Denotes item is whole-grain/whole wheat

