

MARCH

Breakfast



Muroc JUSD K-12 Breakfast

BR - BRKFST K-12

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| | *Choice of Cereal *Menus are "Nut Free" | | | FROSTED CORN FLAKES ^ WG Graham Crackers ^ Fresh Apple* |
| FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Grape Juice | TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Peaches Orange-Tangerine Juice | BANANA MUFFIN ^ String Cheese Fresh Apple* | WAFFLES ^ Fresh Orange* Apple Juice Syrup | Strawberry/Banana Yogurt Granola ^ Fresh Apple* |
| GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice | FRENCH TOAST STICKS ^ Syrup Orange-Tangerine Juice Mixed Fruit Cup | String Cheese Tropical Mini Loaf ^ Fresh Apple* | BEEF SAUSAGE SLIDER ^ Fresh Banana Diced Pears | APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple* |
| TRIX ^ Strawberry Pancake Square ^ Craisins Fruit Punch Juice | BREAKFAST BURRITO ^ Diced Peaches Orange-Tangerine Juice | BLUEBERRY MUFFIN ^ String Cheese Fresh Apple* | STRAWBERRY PANCAKES ^ Fresh Orange* Grape Juice | CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple* |
| COCOA PUFFS ^ Graham Crackers ^ Craisins Apple Juice | PANCAKES ^ Diced Pears Orange-Tangerine Juice Syrup | CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple* | CHICKEN BISCUIT ^ Fresh Banana Orange-Tangerine Juice | String Cheese Peach Mini Loaf ^ Fresh Apple* |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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