



APRIL

Muroc JUSD Jr.-Sr. High School Lunch

C3S - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 BAGEL DOG ^ CHICKEN TENDERS Diced Pears Grape Juice Cheddar Sun Chips ^ Salad Bar Selections	2 PEPPERONI PIZZA WEDGE ^ HAMBURGER Hamburger Bun ^ TURKEY HAM & CHEESE SANDWICH ^ Pineapple Tidbits Orange-Tangerine Juice Salad Bar Selections Pickle Chips	3 SLOPPY JOE Hamburger Bun ^ PIZZA DIPPERS Marinara Dipping Sauce CHEESY PARM WRAP ^ Fresh Banana* Apple Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Croutons ^	4 CHICKEN NUGGETS HOT DOG Hot Dog Bun MAC & CHEESE ^ Fresh Apple* Chocolate Cookie ^ Salad Bar Selections Black Beans Corn	5 GRILLED CHEESE SANDWICH ^ CRISPY CHICKEN PATTY ^ Hamburger Bun ^ SAUSAGE PIZZA WEDGE ^ Fresh Orange Diced Peaches Salad Bar Selections
8 PANCAKES & SAUSAGE ^ Syrup CHICKEN TENDERS Breadstick (IW)^ Applesauce Cup Fruit Punch Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	9 POPCORN CHICKEN HAMBURGER Hamburger Bun ^ SAUSAGE PIZZA WEDGE ^ Mixed Fruit Cup Grape Juice Pretzel ^ Salad Bar Selections Pickle Chips	10 TACO MEAT Soft Tortilla ^ PIZZA DIPPERS ^ Marinara Dipping Sauce BEAN & CHEESE BURRITO ^ Salsa Cup Diced Peaches Apple Juice Tortilla Rounds ^ Salad Bar Selections	11 MEATBALLS W/TOMATO SAUCE HOT DOG Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Fresh Apple* Vanilla Cookie ^ Salad Bar Selections Black Beans Corn	12 CHEESE PIZZA WEDGE SPICY CHICKEN FILLET Hamburger Bun ^ TURKEY & CHEESE SANDWICH ^ Fresh Banana* Orange-Tangerine Juice Salad Bar Selections
15 MEATLOAF W/TOMATO SAUCE Hamburger Bun ^ CHICKEN DIPPERS Salsa Cup Mixed Fruit Cup Orange Sorbet 100% Juice Multi Grain Sun Chips ^ Salad Bar Selections	16 PEPPERONI PIZZA WEDGE ^ HAMBURGER Hamburger Bun ^ 4-CHEESE PANINI ^ Diced Pears Fruit Punch Juice Salad Bar Selections	17 CHICKEN NUGGETS Corn Muffin ^ PIZZA DIPPERS ^ Marinara Dipping Sauce TURKEY BURGER Hamburger Bun ^ Chipotle Ranch Diced Peaches Apple Juice Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins Croutons ^	18 BBQ CHICKEN Hamburger Bun ^ HOT DOG Hot Dog Bun ^ CHEESE PIZZA WEDGE ^ Fresh Apple* Vanilla Cookie ^ Salad Bar Selections Black Beans	19 BEAN & CHEESE BURRITO ^ CRISPY CHICKEN PATTY ^ Hamburger Bun ^ TURKEY BOLOGNA SANDWICH ^ Fresh Banana* Grape Juice Salad Bar Selections
22 SPRING BREAK	23 SPRING BREAK	24 SPRING BREAK	25 SPRING BREAK	26 SPRING BREAK
29 MEATLOAF PANINI ^ CHICKEN TENDERS French Fries Diced Carrots Mixed Fruit Cup Orange-Tangerine Juice Multi Grain Sun Chips ^	30 CHICKEN RANCH FLATBREAD ^ HAMBURGER Hamburger Bun ^ TOASTED CHEESE SANDWICH ^ Corn Green Beans Diced Pears Grape Juice			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat



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