

JUNE

Lunch



Muroc JUSD BHS Seamless Summer Lunch 18 yrs & under

LNHS - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 FRENCH BREAD CHEESE PIZZA^ Broccoli Florets Crunchy Celery Sticks Light Ranch Dressing Fresh Pear* Pineapple Tidbits Choice of Milk
10 BAGEL DOG ^ Pickle Chips French Fries Diced Pears Grape Juice Mustard Ketchup Choice of Milk	11 PEPPERONI PIZZA ^ Corn Orange-Tangerine Juice Pineapple Tidbits Choice of Milk	12 SLOPPY JOE Hamburger Bun ^ Romaine Salad Light Ranch Dressing Fresh Banana Apple Juice Choice of Milk	13 CHICKEN NUGGETS WITH POTATO ROUNDS ^ Maple Baked Beans Baby Carrots Light Ranch Dressing Fresh Apple* Ketchup (2) BBQ Sauce Chocolate Cookie ^ Choice of Milk	14 GRILLED CHEESE SANDWICH ^ Green Beans Diced Carrots Diced Peaches Fresh Orange* Cheddar Sun Chips ^ Choice of Milk Mayonnaise
17 CHICKEN NUGGETS ^ Breadstick ^ Potato Rounds Diced Carrots Applesauce Cup Grape Juice BBQ Sauce Ketchup Choice of Milk	18 CHEESEBURGER Hamburger Bun ^ French Fries Mixed Vegetables Mixed Fruit Cup Apple Juice Mustard Ketchup Choice of Milk	19 MEATBALL SUB Hot Dog Bun ^ Green Beans Diced Pears Orange-Tangerine Juice Vanilla Cookie ^ Choice of Milk	20 CHICKEN RANCH FLATBREAD ^ Romaine Salad Cucumber Coins Baby Carrots Light French Dressing Diced Peaches Fruit Punch Juice Choice of Milk	21 CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Maple Baked Beans Corn Grape Juice Fresh Banana BBQ Sauce Choice of Milk
24 CHEESE PIZZA ^ Mixed Vegetables Mixed Fruit Cup Orange-Tangerine Juice Choice of Milk	25 BAGEL DOG ^ Maple Baked Beans Diced Carrots Diced Peaches Apple Juice Mustard Ketchup Choice of Milk	26 SLOPPY JOE Hamburger Bun ^ Corn Applesauce Cup Grape Juice Cheddar Sun Chips ^ Choice of Milk	27 POPCORN CHICKEN ^ Mashed Potatoes Romaine Salad Light Ranch Dressing Fresh Apple* BBQ Sauce Corn Muffin ^ Choice of Milk	28 RANCH TURKEY BURGER Hamburger Bun ^ Potato Rounds Green Beans Diced Pears Fruit Punch Juice Mustard Ketchup (2) Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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