

AUGUST

Breakfast



Muroc JUSD K-12 Breakfast

BR - BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
*Choice of Cereal *Menus are "Nut Free"			1	2
5	6	7	8	9
12	13	14	15	16
19 COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice	20 STRAWBERRY PANCAKES ^ Diced Pears Apple Juice Syrup	21 CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple*	22 TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches	23 String Cheese Peach Mini Loaf ^ Fresh Apple*
26 APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice	27 BEEF SAUSAGE ON A BISCUIT ^ Applesauce Cup Fruit Punch Juice	28 BANANA MUFFIN ^ String Cheese Fresh Apple*	29 WAFFLES ^ Fresh Banana Orange-Tangerine Juice Syrup	30 CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple*

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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