

SEPTEMBER

Lunch



Muroc JUSD Elementary Lunch

LSB - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 HOMESTYLE SALISBURY STEAK W/GRAVY Hamburger Bun ^ Mixed Fruit Cup Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	4 PEPPERONI PIZZA ^ Orange-Tangerine Juice Salad Bar Selections	5 MINI CORN DOGS ^ Fresh Pear* Salad Bar Selections Black Beans	6 ITALIAN CHICKEN PARMESAN ^ Hamburger Bun ^ Fresh Banana* Salad Bar Selections Pickle Chips
9 CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ Applesauce Cup Salad Bar Selections	10 BAGEL DOG ^ Diced Pears Salad Bar Selections Pickle Chips	11 CHICKEN TACO Tortilla Rounds ^ Fresh Banana* Salad Bar Selections Black Beans	12 MEATBALL SUB Hot Dog Bun ^ Diced Peaches Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	13 TERIYAKI CHICKEN PATTY Hamburger Bun ^ Orange-Tangerine Juice Salad Bar Selections
16 CHEESE PIZZA ^ Orange-Tangerine Juice Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes	17 BBQ CHICKEN Hamburger Bun ^ Diced Pears Salad Bar Selections Black Beans Corn	18 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Fresh Banana* Salad Bar Selections	19 CHICKEN NUGGETS ^ Fresh Apple Slices Honey Mustard Cup Salad Bar Selections Green Pepper Slices	20 CHEESEBURGER Hamburger Bun ^ Diced Peaches Salad Bar Selections Pickle Chips
23 POPCORN CHICKEN ^ Mixed Fruit Cup Salad Bar Selections Pickle Chips	24 RANCH TURKEY BURGER Hamburger Bun ^ Orange-Tangerine Juice Chipotle Ranch Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins	25 MACARONI & CHEESE Fresh Banana* Salad Bar Selections	26 SLOPPY JOE Hamburger Bun ^ Applesauce Cup Salad Bar Selections Black Beans	27 PIZZA DIPPERS ^ Marinara Dipping Sauce Fresh Pear* Salad Bar Selections
30 CHICKEN STRIPS W/SWEET POTATO FRIES ^ Orange-Tangerine Juice Salad Bar Selections Green Pepper Slices				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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