

MARCH LUNCH



Muroc JUSD Jr.-Sr. High School Lunch

2020 C3S grades 7-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>FRENCH TOAST STICKS W/SAUSAGE ^ CHICKEN TENDERS WAFFLES ^ Sun Splash Veggie Juice Applesauce Cup Diced Peaches Syrup Salad Bar Selections Pickle Chips</p>	<p>3</p> <p>BBQ CHICKEN TATER TOT-CHOS Tortilla Rounds ^ MINI CORN DOGS BEAN & CHEESE BURRITO ^ Mixed Fruit Cup Grape Juice Snickerdoodle Cookie ^ Salad Bar Selections</p>	<p>4</p> <p>POPCORN CHICKEN CHEESEBURGER Hamburger Bun ^ GRILLED CHEESE SANDWICH ^ Pineapple Tidbits Orange-Tangerine Juice Pretzel ^ Salad Bar Selections Black Beans Corn</p>	<p>5</p> <p>CHICKEN ALFREDO ^ HOT DOG Hot Dog Bun ^ MINI RAVIOLI W/SAUCE Fresh Apple Vanilla Cookie ^ Salad Bar Selections Green Pepper Slices</p>	<p>6</p> <p>CHEESE PIZZA WEDGE CRISPY CHICKEN PATTY ^ Hamburger Bun ^ TURKEY & CHEESE SANDWICH ^ Fresh Banana* Diced Peas Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes</p>
<p>9</p> <p>MEATLOAF W/TOMATO SAUCE Breadstick (IW)^ CHICKEN DIPPERS Salsa Cup Applesauce Cup Grape Juice Chocolate Cookie ^ Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins</p>	<p>10</p> <p>CHICKEN DRUMSTICK Corn Muffin ^ MINI CORN DOGS PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Peas Fruit Punch Juice Salad Bar Selections</p>	<p>11</p> <p>PEPPERONI PIZZA WEDGE ^ HAMBURGER Hamburger Bun ^ 4-CHEESE PANINI ^ Diced Peaches Apple Juice Salad Bar Selections</p>	<p>12</p> <p>MEATBALLS W/TOMATO SAUCE HOT DOG Hot Dog Bun ^ CHEESE PIZZA WEDGE ^ Fresh Orange* Pineapple Tidbits Vanilla Cookie ^ Salad Bar Selections Black Beans</p>	<p>13</p> <p>MAC & CHEESE ^ SPICY CHICKEN FILLET Hamburger Bun ^ TURKEY BOLOGNA SANDWICH^ Fresh Pear* Mixed Fruit Cup Snickerdoodle Cookie ^ Salad Bar Selections</p>
<p>16</p> <p>BEEF & BEAN CHILI Fritos ^ CHICKEN TENDERS Diced Peaches Orange Sorbet 100% Juice Vanilla Cookie ^ Salad Bar Selections</p>	<p>17</p> <p>DELI SUB SANDWICH ^ MINI CORN DOGS CHEESY PARM WRAP ^ Diced Peas Fruit Punch Juice Salad Bar Selections</p>	<p>18</p> <p>PIZZA DIPPERS ^ Marinara Dipping Sauce CHEESEBURGER Hamburger Bun CHICKEN NUGGETS Sliced Bread ^ Pineapple Tidbits Grape Juice Salad Bar Selections Green Pepper Slices</p>	<p>19</p> <p>CHEESY TACO MEAT Wild White Nacho Doritos^ HOT DOG Hot Dog Bun ^ MAC & CHEESE ^ Fresh Apple Chocolate Cookie ^ Salad Bar Selections Black Beans Corn</p>	<p>20</p> <p>MINI RAVIOLI W/SAUCE Breadstick (IW)^ CRISPY CHICKEN PATTY ^ Hamburger Bun ^ PEPPERONI PIZZA WEDGE ^ Fresh Banana* Mixed Fruit Cup Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes Croutons ^</p>
<p>23</p> <p>SPAGHETTI W/MEATBALLS CHICKEN TENDERS Sweet Potato Fries Diced Peas Orange-Tangerine Juice Snickerdoodle Cookie ^ Salad Bar Selections</p>	<p>24</p> <p>CHICKEN PARMESAN ^ Breadstick (IW)^ MINI CORN DOGS SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Diced Peaches Grape Juice Salad Bar Selections Pickle Chips</p>	<p>25</p> <p>TERIYAKI CHICKEN PATTY HAMBURGER Hamburger Bun ^ GRILLED CHEESE PANINI ^ Fresh Banana* Mixed Fruit Cup Salad Bar Selections Fresh Spinach Leaves Garden Green Peas Fresh Zucchini Coins Croutons ^</p>	<p>26</p> <p>RIB-B-QUE Hamburger Bun ^ HOT DOG Hot Dog Bun ^ CHEESE PIZZA WEDGE Fresh Apple Multi Grain Sun Chips ^ Salad Bar Selections Black Beans</p>	<p>27</p> <p>FRENCH BREAD CHEESE PIZZA^ SPICY CHICKEN FILLET Hamburger Bun TURKEY HAM & CHEESE SANDWICH ^ Fresh Pear* Pineapple Tidbits Salad Bar Selections</p>
<p>30</p> <p>DELI SUB SANDWICH ^ CHICKEN TENDERS Diced Peas Fruit Punch Juice Vanilla Cookie ^ Salad Bar Selections Fresh Spinach Leaves Fresh Grape Tomatoes</p>	<p>31</p> <p>SLOPPY JOE Hamburger Bun ^ MINI CORN DOGS Sun Splash Veggie Juice PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Fruit Cup Craisins Salad Bar Selections</p>			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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