

# MARCH BREAKFAST



## Muroc JUSD K-12 Breakfast

2020 BRKFST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>FROOT LOOPS<sup>^</sup></b> Animal Grahams <sup>^</sup> Craisins Grape Juice</p>	<p>3</p> <p><b>CHEESE OMELET</b> Sliced Bread <sup>^</sup> Fruit Punch Juice Diced Pears</p>	<p>4</p> <p><b>FROSTED FLAKES <sup>^</sup></b> Vanilla Waffle Square <sup>^</sup> Fresh Apple</p>	<p>5</p> <p><b>PILLSBURY GRAPE CRESCENT <sup>^</sup></b> Fresh Banana* Orange-Tangerine Juice</p>	<p>6</p> <p><b>String Cheese</b> Lemon Mini Loaf <sup>^</sup> Fresh Apple</p>
<p>9</p> <p><b>GOLDEN GRAHAM CEREAL <sup>^</sup></b> French Toast Breakfast Square <sup>^</sup> Craisins Fruit Punch Juice</p>	<p>10</p> <p><b>PANCAKES <sup>^</sup></b> Orange-Tangerine Juice Diced Peaches Syrup</p>	<p>11</p> <p><b>String Cheese</b> Chocolate Chip Mini Loaf <sup>^</sup> Fresh Apple</p>	<p>12</p> <p><b>BREAKFAST BURRITO <sup>^</sup></b> Fresh Banana* Grape Juice</p>	<p>13</p> <p><b>APPLE JACKS <sup>^</sup></b> Maple Breakfast Square <sup>^</sup> Fresh Apple</p>
<p>16</p> <p><b>RICE KRISPIES <sup>^</sup></b> Strawberry Pancake Square <sup>^</sup> Craisins Grape Juice</p>	<p>17</p> <p><b>CHICKEN BISCUIT <sup>^</sup></b> Mixed Fruit Cup Orange-Tangerine Juice</p>	<p>18</p> <p><b>BLUEBERRY MUFFIN <sup>^</sup></b> <b>String Cheese</b> Fresh Apple</p>	<p>19</p> <p><b>FRENCH TOAST STICKS <sup>^</sup></b> Fresh Orange* Fruit Punch Juice Syrup</p>	<p>20</p> <p><b>FROOT LOOPS<sup>^</sup></b> Vanilla Waffle Square <sup>^</sup> Fresh Apple</p>
<p>23</p> <p><b>COCOA PUFFS <sup>^</sup></b> Graham Crackers <sup>^</sup> Craisins Apple Juice</p>	<p>24</p> <p><b>MAPLE PANCAKES <sup>^</sup></b> Diced Pears Orange-Tangerine Juice</p>	<p>25</p> <p><b>CINNAMON FLAKES <sup>^</sup></b> Maple Breakfast Square <sup>^</sup> Fresh Apple</p>	<p>26</p> <p><b>TURKEY HAM &amp; CHEESE ON ENGLISH MUFFIN <sup>^</sup></b> Fresh Banana* Diced Peaches</p>	<p>27</p> <p><b>String Cheese</b> Peach Mini Loaf <sup>^</sup> Fresh Apple</p>
<p>30</p> <p><b>APPLE JACKS <sup>^</sup></b> Vanilla Waffle Square <sup>^</sup> Craisins Grape Juice</p>	<p>31</p> <p><b>BEEF SAUSAGE ON A BISCUIT <sup>^</sup></b> Applesauce Cup Fruit Punch Juice</p>		<p>*Choice of Cereal</p> <p>*Menus are "Nut Free"</p>	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

<sup>^</sup> Denotes item is whole-grain/whole wheat

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